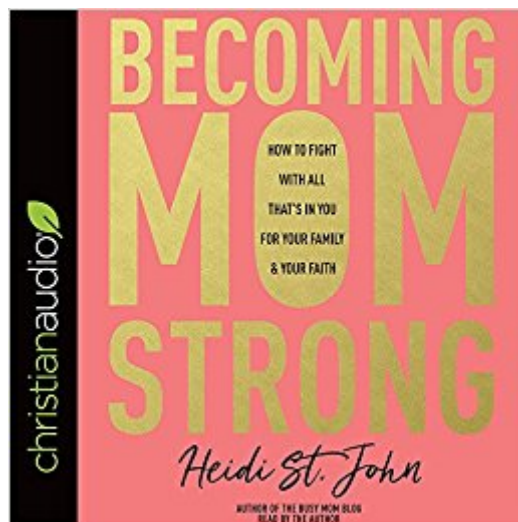




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# Becoming MomStrong: How To Fight With All That's In You For Your Family And Your Faith



## Synopsis

Have you ever looked into the faces of the people who call you “mom” and wondered what in the world you got yourself into? If you’re like many Christian moms today, you’ve been reading the headlines and watching the rapid-fire changes in our culture with frustration and fear. Let’s face it: Moms today are facing questions that previous generations didn’t even see coming, and even our right to determine what is best for our own children is under fire. Popular speaker and blogger Heidi St. John (The Busy Mom) believes that today’s mothers need a special kind of strength. We need to be strong in the Lord and in the power of His might. We dare not rely on human strength for the battles we’re facing right now. In *Becoming MomStrong*, Heidi has a powerful message just for you—the mom in the midst of it all. Through encouragement, practical prayer points, and authentic “me-too” moments, Heidi equips you for a job that only you can do: to train your children to hear God’s voice and to walk in truth no matter where our culture is heading. God wants to use this generation of mothers to do something extraordinary: To be strong in the Lord, to know who you are in Christ, and to impart that strength to your kids. In other words, He wants you to be MomStrong! So if you’re feeling tired or inadequate today, get ready to find new strength as you join Heidi St. John in *Becoming MomStrong*.

## Book Information

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## Customer Reviews

Can you imagine having a toddler in your home for twenty-two years in a row? If that doesn’t qualify you to write a book entitled *Becoming MomStrong*, I don’t know

what does. A mother of seven, Heidi St. John gets the weariness and realities of motherhood. But more importantly, she understands parenting in the strength of Almighty God. This book is a call to stop cowering in a corner and to start rising up in faith. This is a much-needed message for this generation of moms. (Arlene Pellicane, Speaker and author (31 Days to Becoming a Happy Mom))

Motherhood isn't for wimps. One minute it can bring you joy and the next it can leave you weak in the knees. I love *Becoming MomStrong* because it points mothers to who they are in Jesus and who He is in them. It offers practical, spiritual guidance for the journey. Moms will be stronger with this book! (Kristen Welch, Bestselling author of *Raising Grateful Kids in an Entitled World*)

Encouragement, wisdom, and relief for those looking for a better way than the world's definition of motherhood. I wish I could have read this when I first became a mother. (Erin Odom, *The Humbled Homemaker*)

Heidi's words are a gift to moms everywhere. She ignites our passion to stand strong, stay rooted in the only truth that will not falter, and declare the battle cry for the hearts of our children. *Becoming MomStrong* is our invitation to link arms with other moms who understand that raising children who chase after Jesus isn't for the faint of heart. Her simple yet poignant encouragement spurs us on even on those most difficult days. (Jen Schmidt, Blogger; host of the *Becoming Conference*; author of *(in)courage*)

In a culture filled with mom shaming, mom guilt, and mommy wars, Heidi St. John's *Becoming MomStrong* breathes grace, encouragement, wisdom, and relief to those mamas looking for a better way than the world's definition of motherhood. This is the book I wish I had read when I first became a mother nearly a decade ago. Four kids in, I'm soaking up Heidi's wisdom and am sharing this must read with both new and seasoned mamas alike. (Erin Odom, Author of *More Than Just Making It*)

How can we raise children with a strong moral compass if we've lost sight of true north ourselves? Never before has a generation of kids had greater need for their moms to "be strong in the Lord and in his mighty power" (Ephesians 6:10, NIV). Without apology, Heidi gracefully tackles some of the most strength-zapping dilemmas we (and our loved ones) are facing today—hard things that no previous generation has walked through before. With my oldest now in junior high, this literary conversation is perfectly timed. I want to do more than have quiet biblical convictions: Heidi is teaching me to stand strong in the direction of true north and to invite my children to boldly join me there. (Wendy Speake, Coauthor of *Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses*)

Heidi's book *Becoming MomStrong* is exactly what we moms need right now. With each passing day it gets easier and easier to just let things slide and let our kids raise themselves. The reality is that we only have "such a time as this" to impart wisdom

and truth and good and beautiful things into our kids. This is our time, this is our call, and MomStrong is the rallying cry and strategic message we need. (Sarah Mae, Coauthor of *Desperate: Hope for the Mom Who Needs to Breathe*) This book is more than a book. It's boot camp for a mom's soul. Meet your coach: Heidi St. John. She's also your cheerleader. Heidi will help you discover a strength that you didn't even know you had. With authenticity, urgency, and a great sense of humor, Heidi brings you into her spiritual gym and reveals what it truly means to be MomStrong. (Jennifer Dukes Lee, Author of *The Happiness Dare* and *Love Idol*) When I read books on motherhood, I expect to learn and be challenged. But I don't expect to find a riveting page-turner that I can't put down. Heidi had me at the subtitle: *How to Fight with All That's in You for Your Family and Your Faith*. Our culture at times seems set on obliterating Christ and His Word from the lives and hearts of our children. Heidi exhorts us that we can't give up in the quest to raise sons and daughters who love Jesus and know His Word. The stakes are too high for our children and our culture. Motherhood is a noble, holy, and difficult calling and not for the faint of heart. But Heidi also acknowledges that every mother is at times "beautifully broken," weak and weary, or just ready to quit. She gently and powerfully encourages us to bring all of who we are to the foot of the Cross where Jesus replaces ashes with beauty, mourning with laughter, and weakness with strength. Motherhood is a high-stakes calling, but the journey leads us to places of redemption, restoration, and power in Christ that are life altering and gloriously redemptive. After you read this book, make sure you pass it on. This is a message every Christian mother needs to hear. (Zan Tyler, Speaker; author; and director of language arts, Bible, and press for Apologia Educational Ministries) Becoming MomStrong came across my desk at just the right time. As the tide of an ever-challenging world left me reeling in fear and doubt, Heidi St. John's gracious sharing of deep truths was exactly what was needed to give me the courage to walk forward. We all need someone to come alongside and remind us that we weren't meant to mother in fear, but rather we are to be courageous in the face of the many great challenges that present themselves throughout our parenting journeys. Becoming MomStrong is the sounding cry that moms everywhere are looking for. This is a book that extends a hand and reminds us we aren't alone and that together we are strong. (Kelli Stuart, Author) Becoming MomStrong is Heidi's rallying call to moms everywhere to fight for their faith and their families. It's her call to arms, her battle cry for a generation. Heidi shares her story for the benefit of all her readers. Her story is every mom's story filled with failures, embarrassments, and brokenness. It often seems like a dead end. But like her own journey,

that it's not where ours ends. Our redeeming Savior uses it all for His glory. He invites us to stand strong in our weaknesses and to trust Him with all our mess. I want to thank Heidi for encouraging moms to be MomStrong and to raise a generation that knows and praises Him. (Rachael Carman, Author of *How Many Times Do I Have to Tell You?*) Heidi's engaging writing style and encouraging words dig in and draw a line in the sand of our modern culture. She is a modern-day Joshua, calling on Christian moms to choose to stand and be counted while she simultaneously reminds us to focus on the trustworthiness and strength of the One we serve. Becoming MomStrong is a gift to all Kingdom women for such a time as this. (Angela O'Dell, Author, speaker, consultant, veteran homeschool mom) Heidi's biblical perspective on the joys and challenges of motherhood will encourage you and build up your faith. Her down-to-earth way of communicating makes you feel like you are sitting across the table from a friend. Whether you are a soon-to-be-mom, in the middle of raising little ones, or you are supporting a mommy in need, Becoming MomStrong is a must read for you! (Debbie Lindell, Lead pastor of James River Church; author; and founder of the Designed for Life Conference) Motherhood in a rapidly changing culture that is vying for the hearts and souls of our children is not for the faint of heart. With refreshing honesty about the struggles we face as mothers, Heidi reminds us that the secret to becoming MomStrong has very little to do with us and everything to do with God. She issues the passionate call to not give up, but instead to run in His strength as we raise up this next generation! (Heather Haupt, Author of *Raising Knights in Training*) Refreshingly real and loaded with wisdom, Becoming MomStrong has a much-needed message of hope for moms everywhere! (Ruth Schwenk, Founder of TheBetterMom.com and coauthor of *For Better or for Kids*) --This text refers to the Hardcover edition.

Join Heidi as she offers biblical wisdom and practical advice on how to cope when you feel like you're in over your head, discovering God's timeless guidance for parents in the Bible, navigating today's toughest and most confusing cultural issues in light of God's Word, and fighting the ultimate battle for your kids' hearts and souls. This powerful message is just for you, the mom in the midst of it all. Through encouragement, practical prayer points, and authentic "me, too" moments, Heidi will challenge and inspire you to tackle the MomStrong job only you can do: train your children to hear God's voice and walk in truth, no matter where our world is headed. --This text refers to the Hardcover edition.

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